

Thousand Islands Central School District

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Lynette Chapman
Food Service Director



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Dear Community,

Thousand Islands Central School District is committed to the daily management of students in our district with allergies. The increasing prevalence of allergies poses unique challenges for students and staff in the school setting. Federal regulations require schools to serve meals at no extra charge to students whose disability restricts their diet in such a way that they cannot fully participate in the food service program without some modification to the foods offered on the scheduled menu.

In order for this to occur families must request special meals from the school and provide the school with the medical certification from a medical doctor. The medical certification must contain the following:

- Verification from a medical doctor that special foods are needed due to the student's disability
- A completed Diet Prescription for Meals form

Please return the completed forms to your school nurse or to the foodservice department via mail, email or fax.

If you have any further questions please contact the school Nurse or the Food Service Director.

Thank you,

A handwritten signature in cursive script, appearing to read 'Lynette Chapman', written in black ink.

Lynette Chapman